

ST NICHOLAS 2016/2017 MENU

	WEEK ONE w/c 14/11-05/12-02/01 23/01-13/02-06/03 27/03	WEEK TWO w/c 21/11- 12/12- 09/01 30/01-13/03-03/04	WEEK THREE w/c 28/11-16/01-06/02 27/02-20/03-24/04
MONDAY	PORK SAUSAGES in GRAVY ROAST VEGETABLE OMELETTE (V) TUNA & CUCUMBER WRAP STICKY DATE & APPLE BAR	SWEET & SOUR CHICKEN with NOODLES PIZZA SLICE (V) HAM & TOMATO WRAP FRUITY CHOCOLATE SPONGE with CHOCOLATE CUSTARD	LAMB MEATBALLS PEA & CHEESE RISOTTO(V) TUNA & SWEETCORN WRAP SOFT CHEESE & JACOBS CREAMCRACKERS
TUESDAY	OMEGA 3 FISH FINGERS CHEESE & POTATO PIE (V) HAM & TOMATO SANDWICH OATY APPLE CRUMBLE CUSTARD	LAMB MOUSSAKA WHOLEMEAL FISH FILLET EGG & CRESS CRUSTY ROLL(V) FRUITY MALT LOAF	SAUSAGE & EGG BROCCOLI PASTA BAKE(V) CHICKEN SANDWICH CHERRY TRAYBAKE & CUSTARD
WEDNESDAY	CHICKEN FILLET with STUFFING QUORN FAJITA(V) CHEESE & ONION SOFT ROLL(V) ICECREAM TUB	PORK STEAK in GRAVY with APPLE SAUCE CHEESY PASTA BAKE (V) TUNA & CUCUMBER WRAP WHOLEMEAL GINGER BISCUIT	SCOTTISH ROAST BEEF & YORKSHIRE PUDDING JACKET POTATO & VEGETARIAN SAVOURY MINCE (V) CHEESE SOFT ROLL JELLY WHIP
THURSDAY	CHILLI CON CARNE filled JACKET POTATO MARGHERITA PIZZA(V) CHICKEN CRUSTY ROLL GINGER SPONGE, CUSTARD	CRISPY CRUMB TURKEY GRILL LINDA McCARTNEY VEGETARIAN SAUSAGES(V) BEEF SANDWICH CHOCOLATE RICE PUDDING	CHICKEN TIKKA MASALA CHEESE AND TOMATO PIZZA (V) EGG & CRESS WRAP (V) CARROT CAKE & CUSTARD
FRIDAY	HARRY RAMSDEN'S FISH FILLET FRESH VEGETABLE LASAGNE (V) EGG AND CRESS SOFT ROLL (V) CHEDDAR CHEESE & JACOBS CREAMCRACKERS	BATTERED POLLOCK FILLET QUORN PASTA BOLOGNAISE (V) CHEESE & ONION WRAP FROZEN YOGURT	VINEGAR INFUSED FISH FILLET QUORN COTTAGE PIE with CARROT & SWEDE MASH TOPPING (V) HAM WRAP CHOCOLATE CRACKNELL

DAILY CHOICES OF FRESH SEASONAL VEGETABLES AND SALADS. FRESH FRUIT, LOW FAT YOGURT AND KITCHEN MADE HEALTHY BISCUITS, ARE AVAILABLE DAILY AS A DESSERT CHOICE. DISHES ARE FRESHLY PREPARED ON SITE. CERTIFIED SUSTAINABLE SEAFOOD AND BRITISH MEAT USED. [ALL ITEMS IN BLUE SERVED WITH SALAD, VEGETABLE STICKS AND/OR HOT VEGETABLES WITH A CHOICE OF DESSERT.](#) Also SEMI-SKIMMED MILK, FRUIT JUICE CORDIAL AND WATER.