

About Warwickshire SENDIAS

Warwickshire SEND Information, Advice and Support Service supports parents and carers of all Warwickshire children and young people with special educational needs and disabilities (SEND), whether they are of pre-school age, or in a mainstream or special school.

About Family Action

Family Action is a charity committed to building stronger families by delivering innovative and effective services and support that reaches out to many of the UK's most vulnerable people.

Contact details

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Warwickshire SENDIAS *Better Together!*

Warwickshire SENDIAS is holding a one-day conference for parents, carers and professionals on Saturday, 13 May at Ashlawn School in Rugby.



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Patron: Her Majesty the Queen. Chair: Bryan Portman MBA FCCA FCIS. Chief Executive: David Holmes CBE

Better Together! Conference Saturday, 13 May, Rugby

Warwickshire SENDIAS is running its one-day *Better Together!* Conference in Rugby on Saturday, 13 May.

Who?

The conference is for parents, carers and professionals who would like to find out more about supporting children and young people with special educational needs and disabilities (SEND) in Warwickshire.

What?

The event will offer the opportunity to:

- hear from guest speakers, including
 - British Paralympic Swimmer, Fran Williamson
 - Pate Tate, Service Manager, Vulnerable Learners, Warwickshire County Council
 - David Holmes CBE, Family Action's Chief Executive
- take part in a range of interactive workshops (see opposite)
- get practical ideas for supporting a child with SEND
- browse an exhibition of resources and support organisations
- network with other parents, carers and professionals.

Where?

Ashlawn School
Ashlawn Road, Hillmorton
Rugby CV22 5ET

When?

Saturday, 13 May 2017 (10am to 4pm)

How much?

- £10 (incl VAT) for parents and carers
- £30 (incl VAT) for professionals

Prices include lunch and light refreshments throughout the day.

How to book?

To book a place at the *Better Together!* Conference, and to select two workshops to attend from those listed opposite, please visit our Eventbrite page at: www.eventbrite.com/e/better-together-tickets-32582611468

Please book early as places are limited! If for any reason you cannot book online, please contact the Warwickshire SENDIAS team (see details overleaf).

Please also contact Warwickshire SENDIAS to discuss any dietary/ accessibility requirements and if you wish an invoice to be raised.

Who's Looking After You? Wellbeing and Self Care for Parents and Carers, Nicky Probert, Family Action:

This workshop will give parents/carers the opportunity to reflect on their own wellbeing, recognise signs of increasing stress, develop strategies to build their own resilience, and gain confidence to ask for and receive help when they need it.

Meeting Your Child's Sensory Needs, Ann Huc, Links Therapy Company:

This workshop offers an introduction to sensory processing and how it affects all areas of life. Delegates will gain an understanding of how to spot when their child is having difficulties coping with their sensory world, and learn some practical strategies for developing a sensory rich environment and for helping their child feel better about their world.

ADHD Awareness for Parents, Jo Wagstaff, ADHD Solutions:

This workshop looks at how ADHD affects children and young people, and offers ideas to help with the challenges children, young people and families face.

ASD and Family Relationships, Sam Ramsey, Curly Hair Project:

A child's autism affects every member of the family in different ways. This workshop will provide insights and, most importantly, strategies focusing on: parental expectations of the autistic child/young person; worrying about siblings; puberty and increasing levels of anxiety; coping with meltdowns; decision making; 'stepping back' as the parent.

Getting Your Voice Heard, Aimee Mann, Entrust Care Partnership:

This workshop is for parents and carers who find it a challenge to attend meetings with professionals, especially in medical, educational and social services settings. We will: look at tools/techniques to get you focused and into the most resourceful state of mind to help achieve the best possible outcome; and share a process of how to plan well-formed, realistic outcomes/goals.

Mental Health Awareness, Kanu Patel, Family Action:

In this workshop parents/carers will: gain an understanding of the stigma related to mental ill health and some of the common mental health issues affecting young people; and explore ways in which young people use positive/negative strategies to cope with their situation.

